



☯ **Simon Blow Qigong** 師傅

— for better health and inner peace —

Qigong Teaching Certificate Level 3

Awarded to

Tania Grasseschi

For successful completion of training in:

Qigong - The Art of Life

Qigong warm - up

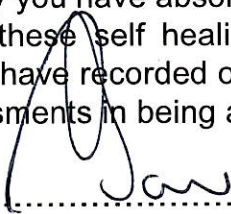
Ba Duan Jin (Eight Pieces of Brocade)

Taiji Qigong Shibashi

Qigong – Restoring Natural Harmony

Guigen Qigong

Through your work, time and study you have absorbed the essence of these teachings and I give you the authority to share these self healing techniques to help contribute to the wellbeing of the human race. You have recorded over 300 hours of Qigong training, passed all the practical and written assessments in being awarded this certificate.

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Qigong Master Simon Blow 師傅

25th Generation Dragon Gate Daoism, 29th Generation Da Yan - Wild Goose Qigong
Deputy Secretary, World Academic Society of Medical Qigong, Beijing, China
Committee Member Wushu Tai Chi Qigong Australia, WTQA



Leura, NSW
8th March 2025